



Your Best Defense IP

night

quick thinking

9-1-1

What: "Your Best Defense" IP for 6-12th graders. The girls will be learning about how to be prepared to defend themselves if found in a stressful situation. There will be qualified self-defense experts to talk about self-defense. Wear comfortable clothing for the demo.

This event is put on by Cadette Troop 30612 as part of their Silver Award project, "Teaching girls to stay safe and confident in different environments and situations."

When: Friday, February 25, 2011 from 6 - 9 PM

Where: Thomas Hart Middle School multi-purpose room (4433 Willow Road, Pleasanton)

Cost: \$5 - includes program, snack, and badge.

Register by February 18, 2011. Space is limited to 70 girls.

Service Project: Please bring one of the following items for a local shelter that serves victims of domestic violence and their families:

- Paper towels
- Toiletries (ex. dental care, hair care, soaps, baby care, hair brushes)
- Household Cleaning supplies
- Socks; all sizes

Self Defense!

For questions, please contact Cadette Girl Scout Cassidy Hager at (925)249-9929 or thehagers@comcast.net

"Your Best Defense" IP registration

Troop#: _____ Leader Name: _____

E-mail: _____

Phone #: _____

_____ # of girls attending x \$5.00 _____

_____ # of adults attending (no charge, please adhere to safety-wise ratios)

\$ _____ Total Enclosed

Please make one check per troop payable to CROSSROADS SERVICE UNIT and deliver registration by Friday, February 18, 2011 to:

Cassidy Hager
6537 Calle de la Mancha
Pleasanton, CA 94566

Registration will be confirmed by email. For questions, please contact Cadette Girl Scout Cassidy Hager at (925)249-9929 or thehagers@comcast.net